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# Production performance and milk fatty acid profile as affected by cold-pressed oilseed cakes and sainfoin in Latxa dairy ewes

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**Abstract.** A lactation study utilizing 72 dairy ewes was performed to determine effects of cold-pressed oilseed cakes (CPOC), including cold-pressed sunflower cake and cold-pressed rapeseed cake, and their interaction with tanniferous sainfoin hay, on production performance and milk fatty acid profile. A 2 x 3 factorial arrangement involving two forages (fescue and sainfoin hay) and 3 experimental concentrates was used. Concentrates were formulated to contain cold-pressed rapeseed cake (RPS), cold-pressed sunflower cake (SUN) or palm (CTR) as fat sources and to provide equal amounts of crude protein fat and energy. SUN reduced milk total saturated fatty acids (SFA) compared to CTR with both non-tanniferous (FES) and tanniferous (SAIN) forages, while RPS only reduced SFA with SAIN. Polyunsaturated fatty acids were increased with SUN and RPS and SAIN. SUN increased n6:n3 ratio compared to CTR (+54%) and RPS (+62%) and SAIN reduced this ratio compared to FES (-27%). Concentrate did not affect milk production. In conclusion, healthier milk can be obtained with CPOCs. Nevertheless the forage used in the ration seems to be of great importance.

Keywords. Tannins - Rapeseed - Sunflower.

#### La production et le profil d'acide gras du lait affecté par les tourteaux d'oléagineux pressés à froid et le sainfoin

**Résumé.** Un essai de lactation a été mené avec 72 brebis laitières au début de l'allaitement dans un arrangement factoriel 2 x 3 impliquant deux fourrages (fétuque et sainfoin) et 3 concentrés expérimentaux. Les concentrés ont été formulés pour contenir tourteau de colza, tournesol ou palme comme sources de graisse, et pour fournir des quantités égales de graisse, de protéines brutes et d'énergie. Le tournesol a réduit les acides gras saturés par rapport au CTR avec des fourrages non tannifères (FES) et tannifères (SAIN), alors que le colza n'a réduit que le SFA avec le SAIN. Les acides gras polyinsaturés ont été augmentés avec SUN et RPS et SAIN. Le tournesol a augmenté le ratio n6: n3 par rapport à CTR (+54%) et RPS (+ 62%) et SAIN a réduit ce rapport par rapport au FES (-27%). Le concentré n'a pas affecté la production laitière. En conclusion, un lait plus sain peut être obtenu avec les CPOC. Néanmoins, le fourrage utilisé dans la ration semble être d'une grande importance.

Mots-clés. Tanin – Colza – Tournesol.

### I – Introduction

For over half a century, the concept of healthy eating has been synonymous with reducing fat. A low saturated fat diet remained at the heart of public nutritional recommendation for decreasing lowdensity lipoprotein, blood cholesterol and lowering the consequent risk of coronary heart disease. Within this context, it is not surprising that sheep milk, containing up to 76% of the total fatty acid (FA) as saturated, has been widely perceived to be detrimental to human health.

Therefore, in these last years a significant research effort has been directed towards modifying milk fat composition in order to increase the concentration of FA with positive effects in human health. In this context, numerous studies have shown that the diet is the most important factor influence-

ing this trait. New ways of supplementary feeding, searching for synergies between feed components, might help to respond to these challenges.

Cold-pressed oilseed cake (CPOC) is a cheap by-product of oil-manufacturing. It is widespread in the European area and it can be obtained on-farm after simple mechanical extraction of the oil from the seeds. CPOC has been shown to have higher crude fat content than those of conventional solvent and expeller meals (up to 230 g kg<sup>-1</sup> compared to 30 and 100 g kg<sup>-1</sup>, respectively, Amores *et al.*, 2014) which make it an attractive energetic feedstuff for livestock. Sainfoin (*Onobrychis viciifolia*) is a temperate forage legume which has a moderate to high content of condensed tannins (Theodoridou *et al.*, 2010). Condensed tannins are known to alter rumen microflora activity, inhibiting the last step of rumen biohydrogenation (Vasta *et al.*, 2009).

Therefore, we hypothesize first that feeding ewes on concentrates rich in UFA has an advantage over the typical saturated FA-rich concentrate that contain palm fat, in modifying milk FA profile towards a healthier product. Second, we also hypothesize that tanniferous sainfoin hay may reduce ruminal BH of UFA, modifying to higher degree milk FA profile.

# II – Material and methods

The experiment was carried out in accordance with Spanish Royal Decree 53/2013 for the protection of animals used for experimental and other scientific purposes.

### 1. Animals and experimental diets

The trial was carried out at the Neiker-Tecnalia experiment station. A lactation trial utilized 72 blackfaced Latxa dairy ewes at early lactation in a 2 x 3 factorial arrangement involving two forages (fescue and sainfoin hay) and 3 experimental concentrates. Concentrates were formulated to contain cold-pressed rapeseed cake (RPS), cold-preseed sunflower cake (SUN) or palm (CTR) as fat sources. Concentrates were formulated to provide equal amounts of crude protein (CP), energy and fat. Ingredients of experimental concentrates and forages are shown in Table 1.

	Concentrate					
Item	CTR	SUN	RPS			
Ingredients						
Cold pressed rapeseed cake	0	0	400			
Cold pressed sunflower cake	0	560	0			
Soybean meal	150	0	0			
Barley	160	150	360			
Corn	180	210	100			
Oats	200	0	0			
Molasses	50	50	50			
DDGs	150	0	60			
Hydrogenated palm fat	80	0	0			
Vitamin-mineral premix*	30	30	30			

Table 1.	Ingredients	and chemical	composition	(g kg <sup>-1</sup>	DM) of	experimental
	concentrate	s				

CTR: control, SUN: sunflower, RPS: rapeseed, \*Vitamin and mineral premix contained per kg of DM: 2500 IU of vitamin A, 400 mg of vitamin D, 2.5 IU of vitamin E, 4.9 mg of Zn, 4.05 mg of Mn and 0.1 mg of Se (Calseaphos, Saint Malo, France). Ewes were divided into 6 equilibrated groups of 12 ewes each, according to milk yield  $(2094 \pm 520 \text{ ml})$  and days in milk  $(15 \pm 8 \text{ d postpartum})$ . The experimental concentrates were offered in individual feeders in the milking parlour as two equal meals (450 g DM) during the morning and evening milkings. Tall fescue (*Festuca arundinacea*) hay or sainfoin hay was group fed *ad libitum* in a feed bunk and water.

### 2. Measurements and samplings

The experimental period lasted for 56 d, of which the first 7 d were for covariate determinations; the following 7 d were for treatment adaptation to experimental concentrates, and the last 42 d for measurements and samplings. Ewes were milked daily at 0730 and 1800 h, and milk yield was recorded individually 7 d wk<sup>-1</sup>. On d-18, 25, 31, 40 and 44, an individual sample of milk was taken and stored with potassium bichromate (0.3 g L<sup>-1</sup>) at 4°C for fat, protein, and lactose analysis. On d-54, individual milk samples were collected and a composite sample per animal (am and pm milkings) was stored and preserved at -20°C for FA composition analysis.

### 3. Statistical analyses

Data (n=72) was analysed using the GLM procedure. The statistical model included fixed effects of CON, FOR, their interaction and the initial record measured at week 0 (covariate). Milk production treatment means were separated using a Tukey test and for milk FA profile Bonferroni adjustment was used.

# III – Results and discussion

Mean effects on milk productive performance and fatty acid profile can be seen on Table 2.

								P-value	
	FES			SAIN					CONx
CTR	SUN	RPS	CTR	SUN	RPS	SEM	CON	FOR	FOR
1911	2085	1998	2300	2413	2421	93.1	0.581	0.001	0.945
1794	1763	1865	2109	2200	2025	91.5	0.912	< 0.001	0.317
116	114	122	144	144	131	4.6	0.895	< 0.001	0.257
82	86	90	98	107	101	2.7	0.213	< 0.001	0.510
98	100	104	115	123	118	3.3	0.572	< 0.001	0.682
Milk composition (g kg <sup>-1</sup> )									
61.6	59.6	61.4	64.4	59.6	57.5	1.11	0.064	0.786	0.140
42.8	43.7	44.3	43.5	45.5	44.6	0.32	0.006	0.025	0.269
51.2	51.1	50.6	51.0	51.8	51.8	0.19	0.413	0.018	0.734
Milk fatty acid profile (g kg-1 FA)									
664.2 <sup>a</sup>	567.3 <sup>b</sup>	633.3 <sup>a</sup>	715.3 <sup>a</sup>	627.9 <sup>b</sup>	627.8 <sup>b</sup>	25.06	< 0.001	< 0.001	0.006
297.1 <sup>b</sup>	341.5 <sup>a</sup>	314.1 <sup>ab</sup>	233.1 <sup>b</sup>	255.4 <sup>b</sup>	299.0 <sup>a</sup>	22.21	< 0.001	< 0.001	0.002
260.0	267.3	257.0	187.4 <sup>b</sup>	192.4 <sup>b</sup>	229.5 <sup>a</sup>	20.03	0.066	< 0.001	0.010
37.1 <sup>c</sup>	74.2 <sup>a</sup>	57.1 <sup>b</sup>	45.7 <sup>b</sup>	63.0 <sup>ab</sup>	69.4 <sup>a</sup>	9.74	< 0.001	0.328	0.013
32.6	83.4	44.9	47.5	111.4	68.3	6.95	< 0.001	< 0.001	0.083
7.5 <sup>b</sup>	18.7 <sup>a</sup>	9.1 <sup>b</sup>	6.9 <sup>b</sup>	12.1 <sup>a</sup>	10.1 <sup>ab</sup>	2.22	< 0.001	0.009	<0.001
2.85	5.99	2.14	1.83	4.10	1.77	0.9035	< 0.001	0.001	0.139
	CTR 1911 1794 116 82 98 kg <sup>-1</sup> ) 61.6 42.8 51.2 664.2 <sup>a</sup> 297.1 <sup>b</sup> 260.0 37.1 <sup>c</sup> 32.6 7.5 <sup>b</sup> 2.85	FES   CTR SUN   1911 2085   1794 1763   116 114   82 86   98 100   kg <sup>-1</sup> ) 61.6 59.6   42.8 43.7   51.2 51.1   664.2 <sup>a</sup> 567.3 <sup>b</sup> 297.1 <sup>b</sup> 341.5 <sup>a</sup> 260.0 267.3   37.1 <sup>c</sup> 74.2 <sup>a</sup> 32.6 83.4   7.5 <sup>b</sup> 18.7 <sup>a</sup> 2.85 5.99	FES   CTR SUN RPS   1911 2085 1998   1794 1763 1865   116 114 122   82 86 90   98 100 104   kg <sup>-1</sup> ) 61.6 59.6 61.4   42.8 43.7 44.3 51.2 51.1 50.6   664.2 <sup>a</sup> 567.3 <sup>b</sup> 633.3 <sup>a</sup> 297.1 <sup>b</sup> 341.5 <sup>a</sup> 314.1 <sup>ab</sup> 260.0 267.3 257.0 37.1 <sup>c</sup> 74.2 <sup>a</sup> 57.1 <sup>b</sup> 32.6 83.4 44.9 7.5 <sup>b</sup> 18.7 <sup>a</sup> 9.1 <sup>b</sup> 2.85 5.99 2.14 14 <sup>b</sup> 14 <sup>b</sup>	FES   CTR SUN RPS CTR   1911 2085 1998 2300   1794 1763 1865 2109   116 114 122 144   82 86 90 98   98 100 104 115   kg <sup>-1</sup> ) 61.6 59.6 61.4 64.4   42.8 43.7 44.3 43.5   51.2 51.1 50.6 51.0   kg <sup>-1</sup> ) 664.2 <sup>a</sup> 567.3 <sup>b</sup> 633.3 <sup>a</sup> 715.3 <sup>a</sup> 297.1 <sup>b</sup> 341.5 <sup>a</sup> 314.1 <sup>ab</sup> 233.1 <sup>b</sup> 260.0 267.3 257.0 187.4 <sup>b</sup> 37.1 <sup>c</sup> 74.2 <sup>a</sup> 57.1 <sup>b</sup> 45.7 <sup>b</sup> 32.6 83.4 44.9 47.5   7.5 <sup>b</sup> 18.7 <sup>a</sup> 9.1 <sup>b</sup> 6.9 <sup>b</sup> 2.85 5.99 2.14 1.83	FESSAINCTRSUNRPSCTRSUN19112085199823002413179417631865210922001161141221441448286909810798100104115123kg <sup>-1</sup> )61.659.661.464.459.642.843.744.343.545.551.251.150.651.051.8e(g kg-1 FA)664.2 <sup>a</sup> 567.3 <sup>b</sup> 633.3 <sup>a</sup> 715.3 <sup>a</sup> 627.9 <sup>b</sup> 297.1 <sup>b</sup> 341.5 <sup>a</sup> 314.1 <sup>ab</sup> 233.1 <sup>b</sup> 255.4 <sup>b</sup> 260.0267.3257.0187.4 <sup>b</sup> 192.4 <sup>b</sup> 37.1 <sup>c</sup> 74.2 <sup>a</sup> 57.1 <sup>b</sup> 45.7 <sup>b</sup> 63.0 <sup>ab</sup> 32.683.444.947.5111.47.5 <sup>b</sup> 18.7 <sup>a</sup> 9.1 <sup>b</sup> 6.9 <sup>b</sup> 12.1 <sup>a</sup> 2.855.992.141.834.10	FESSAINCTRSUNRPSCTRSUNRPS1911208519982300241324211794176318652109220020251161141221441441318286909810710198100104115123118kg <sup>-1</sup> )61.659.661.464.459.657.542.843.744.343.545.542.843.744.343.545.544.651.251.150.651.051.851.8e(g kg-1 FA)664.2a567.3b633.3a715.3a627.9b627.8b297.1b341.5a314.1ab233.1b255.4b299.0a260.0267.3257.0187.4b192.4b229.5a37.1c74.2a57.1b45.7b63.0ab69.4a32.683.444.947.5111.468.37.5b18.7a9.1b6.9b12.1a10.1ab2.855.992.141.834.101.77	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $

Table 2. Mean effects of feeding concentrate and forage on milk productive performance and fatty acid profile

CON: concentrate, FOR: forage, CTR: control, SUN: sunflower, RPS: rapeseed, FES: fescue hay, SAIN: sainfoin hay, 6.5%FCM: fat corrected milk, SEM: standard error of the mean. The lack of detrimental effects on animal production parameters or milk yield due to CPOCs supplementation agrees with other studies (Amores *et al.*, 2014). The higher forage eating time concomitant with a reduced rumination time, increased DMI and OMD in animals fed SAIN (Garcia-Rodriguez *et al.*, 2017) could have led to increased energy available for microbial protein synthesis and milk production. Higher IGF-1 plasma concentration observed with SAIN (Garcia-Rodriguez *et al.*, 2017) agrees with the latter, since protein is a crucial nutritional factor to regulate hepatic IGF-1 expression and secretion (Wan *et al.*, 2017) and IGF-1 stimulates milk production (Cohick 1998).

Nutritional strategies that reduce ruminal BH of dietary PUFA and MUFA could be the key to improve milk quality with respect to human requirements. In this sense, the results of this study indicate that the potential of feeding CPOCs for increasing the content of naturally occurring bioactive FA in milk and thus, for enhancing health or reducing the risk of disease, depends on the forage used in the offered diet. In this sense, it could be advisable the use of a tanniferous forage when RPS was fed in order to increase UFA. Previous works have emphasized that tanniferous SAIN exert a general inhibition of biohydrogentation (Toral *et al.*, 2016) and focused on the last step, leading to a more unsaturated profile of milk. Our results support this hypothesis when RPS is fed. However, the effect of SAIN impairing biohydrogentation was not easily observed with SUN. In this sense, SUN reduced SFA and increased CLA compared to CTR with both forages. These results suggest that main changes in milk FA profile with a diet supplemented with sunflower oil and tannin extracts were more likely explained by the presence of sunflower oil than by tannins.

## **IV – Conclusions**

In conclusion, healthier milk can be obtained with CPOCs. Nevertheless the forage used in the ration seems to be of great importance.

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